



Australian Government

Australian Government Department of Social Services

Younger People in Residential Aged Care Strategy 2020–2025

Easy Read version



How to use this Strategy



The Australian Government Department of Social Services (DSS) wrote this Strategy. When you see the word 'we', it means DSS.



A **Strategy** is a plan for how we will make our goals happen.



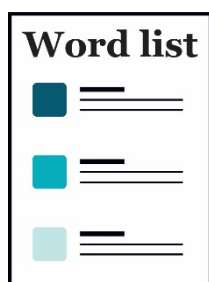
We wrote this Strategy in an easy to read way. We use pictures to explain some ideas.

Bold

We wrote some words in **bold**.

Not bold

This means the letters are thicker and darker.



We explain what these words mean. There is a list of these words on page 31.



This Easy Read Strategy is a **summary** of the *Younger People in Residential Aged Care Strategy 2020–2025*.

A summary only includes the most important ideas.



You can find the full Strategy **on our website**.

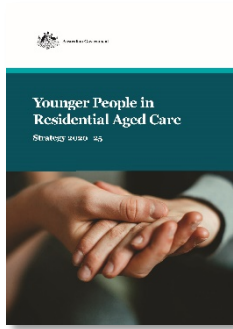


You can ask for help to read this Strategy. A friend, family member or support person may be able to help you.

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About this Strategy



This is our Younger People in Residential Aged Care (YPIRAC) Strategy.

We call it the Strategy.

It is about younger people who:



- live in **residential aged care**



- might go into residential aged care.



Residential aged care is where older Australians live when they can't live in their home anymore.

Aged care



In this Strategy, we just call it aged care.



Aged care is usually for people aged 65 or older.



In aged care, people older than 65 get care and support.



Sometimes younger people who need care and support live in aged care.



Younger people are people less than 65 years old.



Younger people should not need to live in aged care.

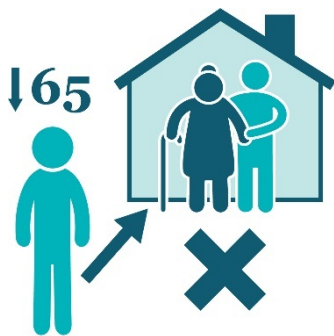


We want younger people to:

- get the care and support they need
- live in homes that are right for their age.



The Strategy explains what we will do over the next 5 years.



By 2022, we want to make sure there are no people under 65 years old going into aged care.



By 2022, we want to make sure there are no people under 45 years old living in aged care, unless they choose to.



By 2025, we want to make sure there are no younger people living in aged care, unless they choose to.

Why do we need this Strategy?

4,860



In June 2020, there were about 4,860 younger people living in aged care across Australia.



This is too many.



There are different reasons why younger people live in aged care.

Younger people might not be able to:



- get the care and support they need in other places



- find homes that are right for their age.

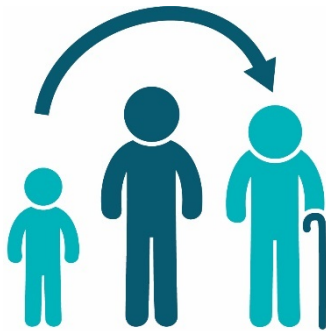


A younger person might have a parent who's going into aged care.

They might want to stay with that parent.



A younger person might want to live somewhere they can get support when they are close to the end of their life.



A younger person might not be able to get support:

- as they get older
- if they age earlier than other people.



We want to help these younger people find:

- better places to live
- homes that are right for their age.



We have come up with ideas for how we can help younger people who live in aged care.

We want to work together with:



- younger people



- families



- carers and supporters



- the Australian Government



- state and territory governments



- aged care and disability organisations.

What is in the Strategy?

The Strategy talks about what we will do over the next 5 years to help support younger people:



- move out of aged care



- live in homes that are right for their age



- stay in aged care if they choose to.



By 2025, we want to make sure there are no younger people living in aged care.



But we know some younger people who live in aged care have reasons for staying.



The Strategy also talks about how we can help younger people who want to stay in aged care.



Our Strategy includes 4 important areas we need to do something about.

We call these our **priorities**.

Our 4 priorities are:



1. Understanding younger people and systems



2. Making systems better



3. Giving younger people more choices



4. Supporting younger people



We have written a list of things we must do so we can reach our goals for each priority.

We talk about each of our priorities in more detail on the following pages.

Priority 1

Understanding younger people and systems



Our goals for this priority are to give younger people:

- what they need
- more choice and control.

We want to understand:



- how many younger people live in aged care at the moment



- which younger people are at risk of going to live in aged care



- how we can stop younger people going into aged care early



- how we can support younger people to leave aged care.



We want to learn about younger people who have moved out of aged care.

We want to find out:



- where they live now



- what their life is like after leaving aged care.



We will collect information from organisations who can help us understand younger people who live in aged care.

We will look at the aged care system to see if there are any:



- gaps



- **barriers.**



A barrier is something that stops you from doing something you:

- need to do
- want to do.

Priority 2

Making systems better



Our goal for this priority is to connect **systems** in better ways.



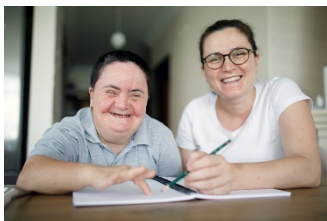
Systems are things that:

- work together
- connect with each other.



The systems we need to look at include:

- disability
- the **National Disability Insurance Scheme (NDIS)**
- aged care
- health
- housing.



The NDIS is a new way of providing support to people with disability around Australia.



Some people with disability receive supports through the NDIS.

These people are called **NDIS participants**.



We will support NDIS participants and other younger people in aged care to find the right:

- home
- supports.



We want to find better ways for these systems to work together.



We will look at different ways we can work with organisations.



We will look at ways to give younger people what they need.



We will make sure younger people can make better choices about:



- finding homes that are right for their age



- getting support in their community.



We will work with all the different governments so younger people can have more:



- homes that are right for their age



- support in the community.



We will find better ways to work out if younger people are at risk of going into aged care.



We will find better ways to give younger Aboriginal and Torres Strait Islander people:



- aged care services



- disability services



- housing services.



We will develop stronger connections between the housing system and end-of-life support services.



We will give people who work with younger people with disability better training so they can help younger people understand their choices.



We will make sure younger people get the help they need to move into a home they choose.

We will have **coordinators** to support younger people:



- at risk of going into residential aged care



- living in residential aged care.



Coordinators will support younger people to move out of aged care if they want to.

Priority 3

Giving younger people more options



Our goals for this priority are to give younger people:

- living options that are right for their age
- the supports they need.



We will look at the goals younger people have for:

- their home
- where they want to live
- how they want to live.



We will help younger people set their goals.

We will work on making sure younger people have enough:



- living options – choices for where and how they want to live



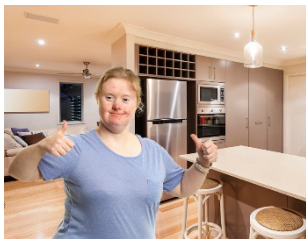
- support so they can live where and how they want to.



We will give younger people better living options.



We will talk with other organisations and governments to learn what housing is available to meet the needs of younger people.



Some NDIS participants may be able to live in **Specialist Disability Accommodation (SDA)**.



SDA is accessible housing that is built for NDIS participants who have very high support needs.



There are also other types of accommodation that are built to meet the needs of people with disability.



We will support younger people who do not take part in the NDIS to find a better place to live.

Priority 4

Supporting younger people



Our goals for this priority are to make sure younger people:

- know what options they have
- get the right support to help them reach their goals.



We will make a plan to help younger people understand:



- who will support them



- when they will get support.



We will write a report about how well the Strategy is working each year.

We will develop and share helpful information with:



- younger people



- families



- carers and supporters



- systems



- providers.

If a younger person wants to stay



We want to support younger people who choose to stay in aged care if they want to.



We will help younger people to think about all the living options they have.

We will give younger people up to date information about their:



- living options



- supports.

We will keep:



- talking to younger people about their choice to stay in aged care



- talking about other living options.

Making sure our Strategy works



We have set up a **Joint Agency Taskforce (JATF)**.



The JATF is a group of people who are from:



Australian Government
Department of Social Services

- the Department of Social Services



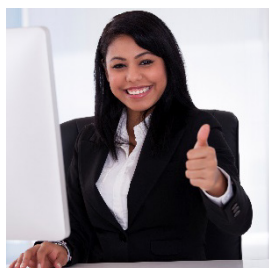
- the Department of Health

NDIA



- the **National Disability Insurance Agency (NDIA)**.

The NDIA runs the NDIS.



The JATF will help make sure the Strategy works.



The JATF will write a report each year.

We will make sure the report:



- is up to date



- talks about what is being done to help younger people living in aged care.

The JATF will share their report with:



- the Department of Social Services



- the Department of Health

NDIA



- the NDIA



- the Minister for Aged Care and Senior Australians



- the Minister for the NDIS



- the public.



Our Strategy will last for 5 years.

Word list



Barriers

Barriers are when you're stopped from doing something you:

- need to do
- want to do.

Coordinators



Coordinators are people who support younger people who are:

- at risk of going into residential aged care
- living in residential aged care.



Joint Agency Taskforce (JATF)

The JATF is a group of people who will help make sure the Strategy is working.

NDIA



National Disability Insurance Agency

The NDIA runs the NDIS.



National Disability Insurance Scheme (NDIS)

The NDIS is a new way of providing support to people with disability around Australia.



NDIS participants

NDIS participants are people with disability who take part in the National Disability Insurance Scheme (NDIS).



Priorities

Our Strategy includes 4 important areas we need to do something about.

We call these our priorities.



Residential aged care

Residential aged care is where older Australians live when they can't live in their home anymore.



Specialist Disability Accommodation (SDA)

SDA is accessible housing that is built for NDIS participants who have very high support needs.



Strategy

A Strategy is a plan for how we will make our goals happen.



Summary

A summary only includes the most important ideas.



System

Systems are things that:

- connect with each other
- work together.

Contact us



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National Relay Service:



- TTY **133 677**



- Speak and Listen **1300 555 727**



- Internet relay users
www.relayservice.gov.au



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